

### By car

From Junction 37 on the M4 take the exit from the roundabout signposted Pyle, A4229. Follow the dual carriageway to the next roundabout and take the 2nd exit signposted Pyle, A48. Take the first right turn onto Heol Mostyn. After 300 yards you will see AMSS on the right hand side of the road.

### By train

The nearest rail station is Pyle. Please contact us with details of your arrival time and the company will arrange a pick up and collection from the railway station.

### By air

The nearest international airports are Cardiff and Bristol, approximately 12 and 38 miles away respectively.

